

FATTY ACID KIT

PHOSPHOLIPIDS	3-Ketosphinganine	Valeric (C5)	16:1;9w7 Palmitoleic cis	Borage
Glycerol	Dihydrosphingosine	Caproic (C6)	18:1;9w9 Oleic cis	Castor bean
Glycerol-3-phosphate	Sphingosine	Heptanoic (C7)	22:1;13w9 Erucic cis	Coconut
Phosphatidate (Phosphatidic acid)	Dihydroceramide	Caprylic (C8)	24:1;15w9 Nervonic cis	DHA
Diacetylglycerol	Ceramide (hydroxyl)	Nonanoic (C9)	18:2;9,12w6 Linoleic cis	EPO
Phosphatidyl choline	Ceramide (non hydroxy)	Capric (C10)	18:3;6,9,12w6 γ -Linolenic cis	Flaxseed
Phosphatidyl ethanolamine	Glucosyl Ceramide	Undecanoic (C11)	18:3;9,12,15w3 α -Linolenic cis	Grape seed
Phosphatidyl 4.5. ethanolamine	Galactosyl Ceramide	Lauric (C12)	20:4;5,8,11,14w6 Arachidonic cis	Hazelnut oil
Phosphatidylserine	Ganglioside GM1	Tridecanoic (C13)	22:5;7,10,13,16,19w3 DPA cis	Hempseed
Dihydroxyacetone phosphate	Ganglioside GM2	Myristic (C14)	22:6;4,7,10,13,16,19w3 DHA cis	Olive
Plasmalogen (Alkylglycerol)	Ganglioside GM3	Pentadecanoic (C15)	Undecylenic 11:1.1	Omega 3
Cardiolipin	Ganglioside GT1b	Palmitic (C16)	Trans Fatty Acids	Omega 3,6,9
CDP-Diacylglycerol	Ganglioside GQ1b	Heptadecanoic (C17)	18:1;9w9 Oleic trans	Pumpkin
Phosphatidyl inositol	Sulfatides	Stearic (C18)	RANCID OILS	Rice bran
Phosphatidyl inositol-4- phosphate	Sphinglomyelin	Nonadecanoic (C19)	Malondialdehyde	Sea Buckthorn
Phosphatidyl inositol-4-5- phosphate	SATURATED OILS	Arachidic (C20)	4 Hydroxynonanol	Shark liver
Phosphatidyl inositol 3-4-5- phosphate	Formic (C1)	Behenic (C22)	Ethane	Walnut
Lysophosphatidyl choline	Acetic C2)	Lignoceric (C24)	PRODUCTS	Wheat germ
SPHINGOLIPIDS	Propionic(C3)	UNSATURATED OILS	Apricot kernal	
Palmitoyl CoA	Butyric (C4)	16:1;6w6 Petroselinic acid cis	Black cumin	