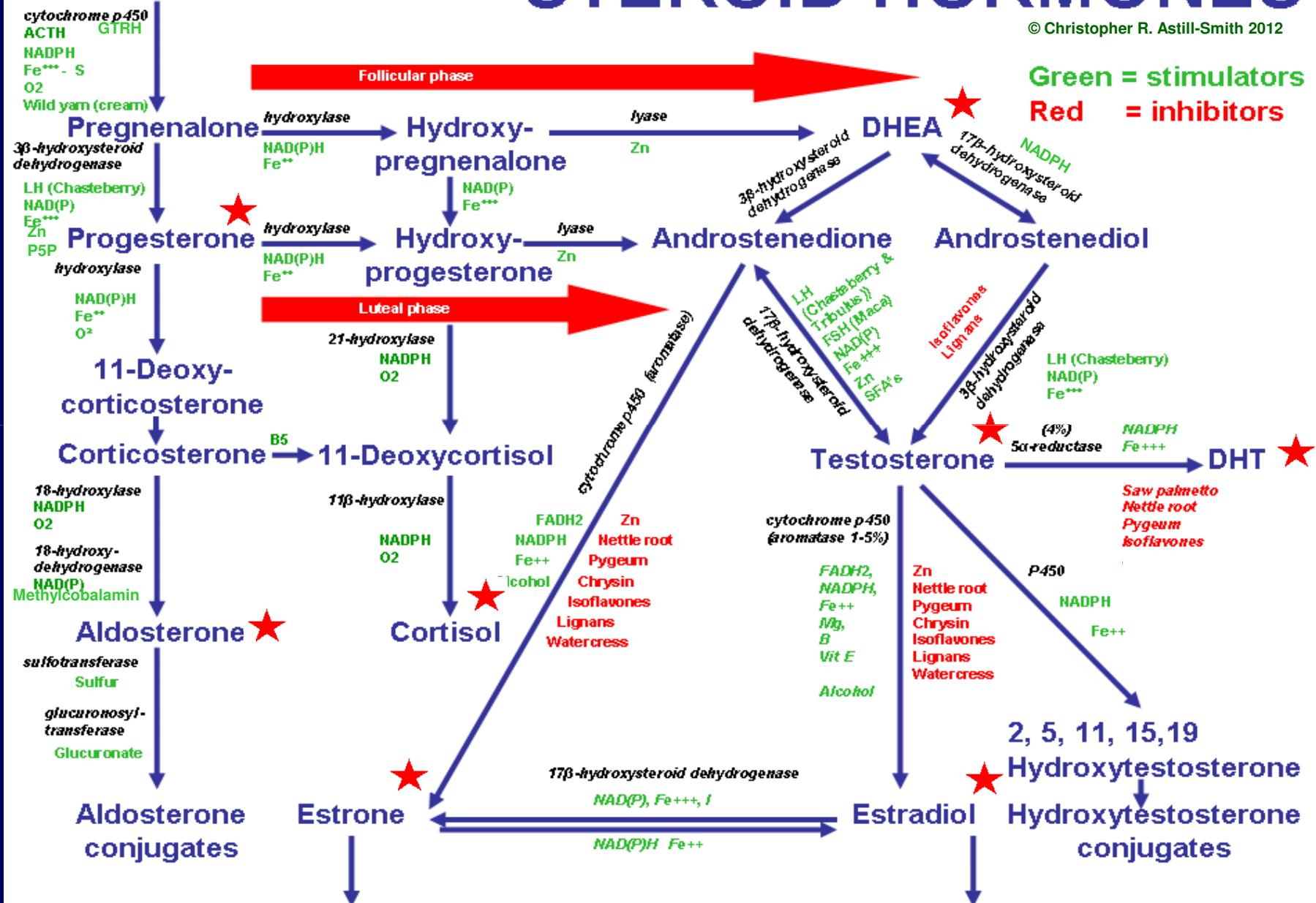


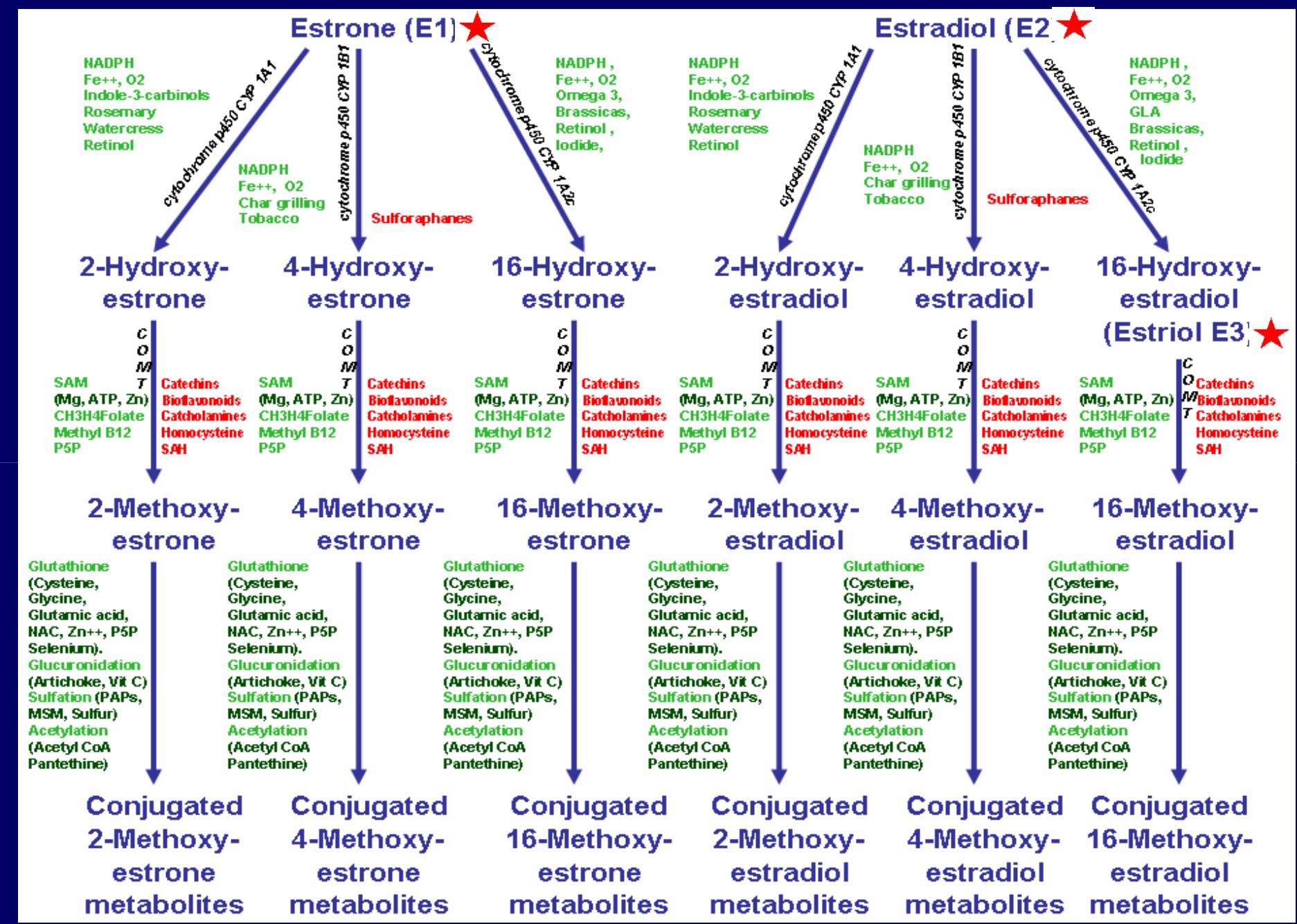
Prostate cancer

Cholesterol

STEROID HORMONES

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Prostate cancer is a wake up call

**1 in 6 men will get prostate cancer.
220,000 new cases in the USA each
year.**

**2,000,000 men in USA are living
with prostate cancer.**

**168,000 men have their prostates
removed each year at a cost of
\$45,000 each.**

The death rate for prostate cancer has not changed since 1930.

90% of cases could benefit from natural therapies.

10% who have the more aggressive form may need a more radical approach.

Most deaths are from the treatment they receive and not the cancer.

PSA of less than 10 do best with natural treatments.

Surveillance patients outlive those having radiation or surgery treatment.

**The prostate is 70% a gland and
30% a muscle weighing just 1 oz.
The prostate needs exercise as any
muscle to prevent stagnation.**

Estrogen agonists from plastics.

More body fat the higher aromatase and therefore higher estradiol and estrone.

Animal fats adversely affect prostate cancer cells.

All cancer cells are low in oxygen and use anaerobic respiration.

**All cancer cells are low in oxygen
and use anaerobic respiration.
Prostate cancer is like moulds and
feeds on calcium.**

**Adrenal cortex is for survival.
Gonads are for reproduction.
Long stress affects adrenals. Will
take the testes hormones for
support, lowering testosterone and
increasing estrogen.
Estrogens cause proliferation in
the prostate which is similar to the
uterus.**

Mineralocorticoids allow nutrients to get into the cell.

Progesterone buffers the effect of high estrogens.

High progesterone may reduce levels of testosterone causing erectile dysfunction.

2-3 years of stress will cause erectile dysfunction.

**Check salivary adrenal hormones
every 4 hours.**

Long stress can be due to

Infection

Allergy

Digestive system

Blood sugar.

Natural Treatments

Mechanical

Low back

Pelvis

Cranial

**All scars to break down blocks in
blood and lymph flow.**

Detoxification

Detoxification organs of elimination

Colon

Liver

Gallbladder

Lymph

Colonic irrigations

Detoxification

Must be able to detoxify toxic metals especially mercury.

Detox all viruses, bacteria, fungi and parasites.

**Clean out mouth of toxins
especially root canals and septic
foci.**

**Many toxins have estrogen effects
especially the hydroxylated forms.**

**Probiotics especially with Inulin to
feed the good bacteria.**

Detoxification Master cleanse

Juice of ½ ripe lemon or lime

1/10th tsp Cayenne

**2 tbs Maple syrup energy
supplier.**

8oz water

6-12 glasses a day

Detoxification
Liver cleanse
Milk thistle
Cayenne
Maple syrup

Kidney cleanse
Goldenseal

Detoxification
Gall bladder flush
Olive oil
Lemon juice

**Lemon water – hot water with
lemon**

Saunas

Diet

Antioxidants

New cells grow with good nutrition.

Cancer cells love sugar. Average intake is 135lb (60 kg)

Too little fibre.

Too much salt and sugar creates inflammation which damages the prostate.

BBQ grilling causes carcinogenic compounds.

Red meat is full of herbicides, synthetic hormones and pesticides. Hormones are in the protein part (casein), not the fat. Eat organic, live food.

Raw food creates alkalinity which is better for cancer conditions.

**Raw milk, not pasteurised.
Ideally no dairy due to lactose
intolerance and high IGF and EGF.**

**Trans fats and animal fats are bad
for the prostate.**

Supplements

Zinc 50mg per day

Copper 2mg per day

Magnesium

Selenium – brazils, lobster

**Vitamin D3 – controls cell proliferation. Prostate cancer is latitudinal – lower in the tropics.
2000-6000IU per day.**

Supplements

Omega 3. essential for the prostate.

Fish provides fatty acids in oxidised form so use vegetable sources. Flax, Walnut, Pumpkin.

Sesame seed oil high in antioxidants. Good as a massage oil.

Supplements

Iodine stimulates cancer cell apoptosis.

96% of prostate cancer cases have iodine deficiency.

Only 10% of iodine in salt is available.

Vitamin C 1-2gm per day. Maybe IV

Antioxidants
Vitamin A
Vitamin C
Vitamin E

**Melatonin relationship of
cancers to sleep problems.**
**Lycopene – tomatoes, red
grapefruit, watermelon,
strawberries**

Phytonutrients

Tablets are a waste of time in botanicals.

Herbs should be picked where they grow.

Leaves are best picked not during the flowering season.

Phytonutrients
Saw palmetto

Genestein

Pygeum

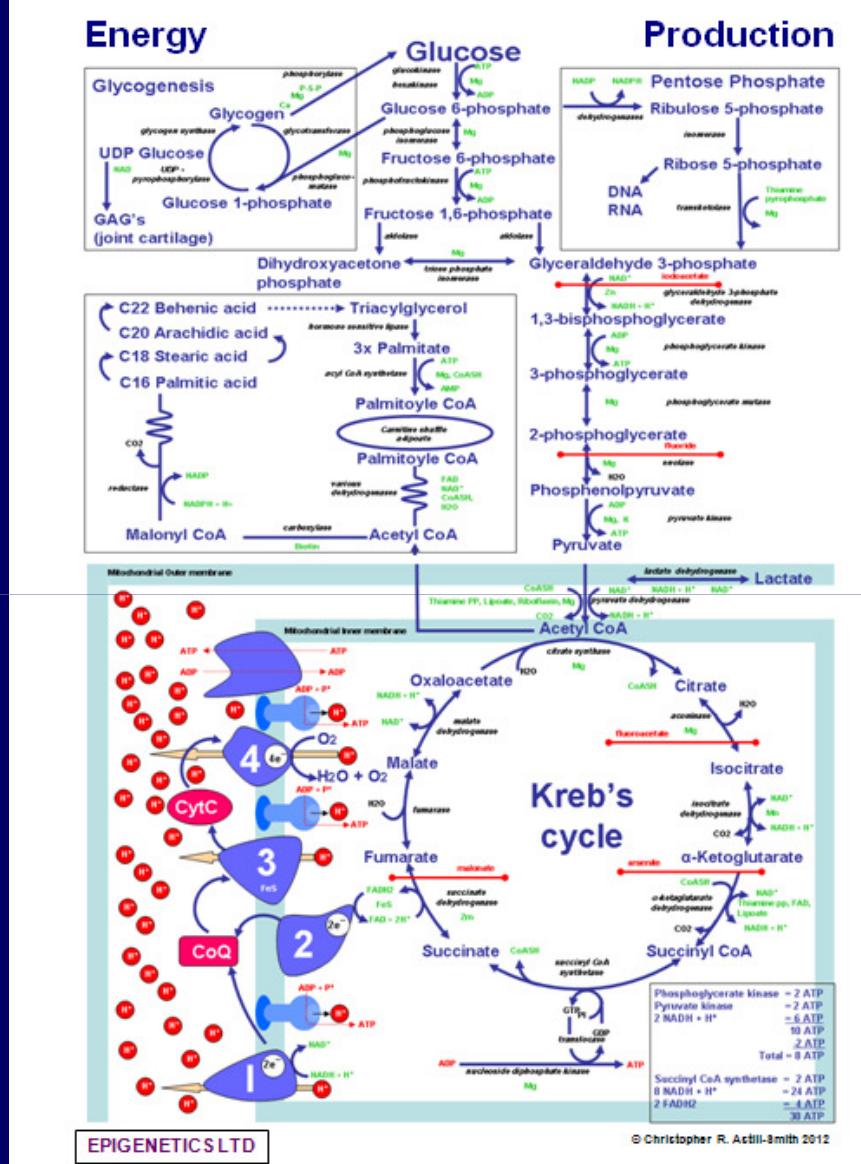
Coriander (cilantro)
Dandelion leaves

Therapeutic foods

**Fresh vegetable and fruit juices
(celery, apple and carrot)**

**Sea food and kelp as rich sources
of iodine.**

Hypoxia



Hypoxia
Iron citrated
Hydroxycobalamin
Adenosylcobalamin
methylcobalamin

Water

Drink plenty of water – 1-2 litres per day.

Low sodium < 20ppm

High magnesium to calcium ratio.

pH 7-7.5

Glass bottle – ideally in Miron glass for the extra energy

Water

Hydrotherapy

Hot water / cold water contrast therapy

**Increases circulation. Increases lymph. Increases immunity.
Increases parasympathetic NS.
Increases meditation ability.**

Heat

Cancer tissue reacts to heat.
Hyperthermia treatment with an electrode.

Emotions

Emotional stress lowers the immune response.

Guilt and blame – low

Acetylcholine, low antibodies and low parasympathetics.

Emotions

Anger and Hate – Lung meridian.
Supressed anger eats away at a person. Expressed anger better.

Emotions

There are suppressed emotions within the tumour.

Two ways to tackle problem

- 1. Source the infinite intelligence**
- 2. Guided journey within to discover cell memories of repressed emotions that have got stored.**

Emotions

**When a cells dies it hands on the repressed emotion to the new cell.
Deeply buried and need to release and forgive yourself and life in all that has happened.
Relax and let go to heal.**

Energy medicine

Energy medicine helps even when invasive medical treatments are being used i.e. radiation, chemotherapy.

Energy medicine techniques

Tapping

Affirmations

Flower / tree essences

Gem stone

**Emotion is caused by perception
e.g. blushing.**

**Prostate cancer is controlled in
the brain stem in 100% of cases.
90% of prostate cancer has
emotional trauma. Unable to find a
solution to the problem (trauma).**

**Most men don't talk.
“I feel alone in my conflict”.
Conflict maybe with children,
grandchildren or wife – always
apologising to her.**

**To cure prostate cancer you have
to change your life style and your
spirituality.**

