Prostate cancer
Prostate cancer is a wake up call
1 in 6 men will get prostate cancer. 220,000 new cases in the USA each year. 2,000,000 men in USA are living with prostate cancer. 168,000 men have their prostates removed each year at a cost of $45,000 each.
The death rate for prostate cancer has not changed since 1930. 90% of cases could benefit from natural therapies. 10% who have the more aggressive form may need a more radical approach. Most deaths are from the treatment they receive and not the cancer.
PSA of less than 10 do best with natural treatments. Surveillance patients outlive those having radiation or surgery treatment.
The prostate is 70% a gland and 30% a muscle weighing just 1 oz. The prostate needs exercise as any muscle to prevent stagnation.
Estrogen agonists from plastics.

More body fat the higher aromatase and therefore higher estradiol and estrone.
Animal fats adversely affect prostate cancer cells.

All cancer cells are low in oxygen and use anaerobic respiration.
All cancer cells are low in oxygen and use anaerobic respiration. Prostate cancer is like moulds and feeds on calcium.
Adrenal cortex is for survival. Gonads are for reproduction. Long stress affects adrenals. Will take the testes hormones for support, lowering testosterone and increasing estrogen. Estrogens cause proliferation in the prostate which is similar to the uterus.
Mineralocorticoids allow nutrients to get into the cell. Progesterone buffers the effect of high estrogens. High progesterone may reduce levels of testosterone causing erectile dysfunction. 2-3 years of stress will cause erectile dysfunction.
Check salivary adrenal hormones every 4 hours. Long stress can be due to Infection Allergy Digestive system Blood sugar.
Natural Treatments
Mechanical

Low back
Pelvis
Cranial
All scars to break down blocks in blood and lymph flow.
Detoxification
Detoxification organs of elimination
Colon
Liver
Gallbladder
Lymph
Colonic irrigations
Detoxification
Must be able to detoxify toxic metals especially mercury.
Detox all viruses, bacteria, fungi and parasites.
Clean out mouth of toxins especially root canals and septic foci.

Many toxins have estrogen effects especially the hydroxylated forms.
Probiotics especially with Inulin to feed the good bacteria.
Detoxification

Master cleanse

Juice of ½ ripe lemon or lime
1/10th tsp Cayenne
2 tbs Maple syrup energy supplier.
8oz water
6-12 glasses a day
Detoxification
Liver cleanse
  Milk thistle
  Cayenne
  Maple syrup
Kidney cleanse
  Goldenseal
Detoxification
Gall bladder flush
  Olive oil
  Lemon juice

Lemon water – hot water with lemon

Saunas
Diet

Antioxidants
New cells grow with good nutrition. Cancer cells love sugar. Average intake is 135lb (60 kg)
Too little fibre.
Too much salt and sugar creates inflammation which damages the prostate.
BBQ grilling causes carcinogenic compounds. Red meat is full of herbicides, synthetic hormones and pesticides. Hormones are in the protein part (casein), not the fat. Eat organic, live food. Raw food creates alkalinity which is better for cancer conditions.
Raw milk, not pasteurised. Ideally no dairy due to lactose intolerance and high IGF and EGF.

Trans fats and animal fats are bad for the prostate.
Supplements
Zinc 50mg per day
Copper 2mg per day
Magnesium
Selenium – brazils, lobster
Vitamin D3 – controls cell proliferation. Prostate cancer is latitudinal – lower in the tropics. 2000-6000IU per day.
Supplements
Omega 3. essential for the prostate.
Fish provides fatty acids in oxidised form so use vegetable sources. Flax, Walnut, Pumpkin.
Sesame seed oil high in antioxidants. Good as a massage oil.
Supplements

Iodine stimulates cancer cell apoptosis. 96% of prostate cancer cases have iodine deficiency. Only 10% of iodine in salt is available.

Vitamin C 1-2gm per day. Maybe IV
Antioxidants
  Vitamin A
  Vitamin C
  Vitamin E

Melatonin relationship of cancers to sleep problems. Lycopene – tomatoes, red grapefruit, watermelon, strawberries
Phytonutrients
Tablets are a waste of time in botanicals. Herbs should be picked where they grow. Leaves are best picked not during the flowering season.
Phytonutrients
Saw palmetto
Genestein
Pygeum
Coriander (cilantro)
Dandelion leaves
Therapeutic foods
Fresh vegetable and fruit juices (celery, apple and carrot)
Sea food and kelp as rich sources of iodine.
Hypoxia

Energy
- Glycogen synthesis
- Glucose metabolism
- Pyruvate production

Production
- Pentose phosphate pathway
- Ribulose 5-phosphate
- Ribose 5-phosphate
- DNA/RNA synthesis

Metabolic pathways:
- Glucose metabolism
- Pyruvate metabolism
- Kreb's cycle
- Citric acid cycle
- Electron transport chain

Lactate production

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Hypoxia
Iron citrate
Hydroxycobalamin
Adenosylcobalamin
Methylcobalamin
Water
Drink plenty of water – 1-2 litres per day.
Low sodium < 20ppm
High magnesium to calcium ratio.
pH 7-7.5
Glass bottle – ideally in Miron glass for the extra energy
Water Hydrotherapy
Hot water / cold water contrast therapy
Increases circulation. Increases lymph. Increases immunity. Increases parasympathetic NS. Increases meditation ability.
Heat
Cancer tissue reacts to heat. Hyperthermia treatment with an electrode.
Emotions
Emotional stress lowers the immune response.
Guilt and blame – low Acetylcholine, low antibodies and low parasympathetics.
Emotions

Anger and Hate – Lung meridian. Suppressed anger eats away at a person. Expressed anger better.
Emotions
There are suppressed emotions within the tumour.
Two ways to tackle problem
1. Source the infinite intelligence
2. Guided journey within to discover cell memories of repressed emotions that have got stored.
Emotions
When a cell dies it hands on the repressed emotion to the new cell. Deeply buried and need to release and forgive yourself and life in all that has happened. Relax and let go to heal.
Energy medicine
Energy medicine helps even when invasive medical treatments are being used i.e. radiation, chemotherapy.
Energy medicine techniques
Tapping
Affirmations
Flower / tree essences
Gem stone
Emotion is caused by perception e.g. blushing.
Prostate cancer is controlled in the brain stem in 100% of cases.
90% of prostate cancer has emotional trauma. Unable to find a solution to the problem (trauma).
Most men don’t talk. “I feel alone in my conflict”. Conflict maybe with children, grandchildren or wife – always apologising to her.
To cure prostate cancer you have to change your life style and your spirituality.